FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment 1(b).

Company Act of 1940

1(0).							,																	
(Print or Typ	e Responses	3)																						
	d Address of N STEVEN	Reporting Person* N R				Name and OMM IN			mbol	I	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Director Other (operition below) Other (operition below)													
5775 MO	REHOUS	(First) E DR.	3. Da		Earliest Tra	insaction (N	/Ionth/Day	y/Yea	ar)		X_Officer (give title below) Other (specify below) President													
SAN DIE	GO, CA 9	4. If .	Amen	idment, Dat	e Original l	Filed(Month	h/Day/	Year)	_X_ For	m filed by One	Reporting Pers	nt/Group Filing(Check Applicable Line) eporting Person nan One Reporting Person												
(City		(State)	(Zip)				Table I -	Non-Deri	ivativ	ve Securities	Acquired, D	isposed of,	or Beneficially Owned											
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Y	ear) Ex	y	emed on Date, if /Day/Year)	3. Transac Code (Instr. 8)	(A	(a) or 1	rities Acquire Disposed of (I 3, 4 and 5)	Owned Transac	Following	rities Benef Reported	O F	wnership orm: irect (D)	7. Nature of Indirect Beneficial Ownership								
							Code	V Ar	mour	nt (A) or (D) P	rice			(I		(Instr. 4)								
Reminder: I	Report on a se	eparate line for each						Persons this form currently	n are y val	e not require lid OMB con	ed to respo strol numbe	nd unless		contained in displays a	SEC 1	1474 (9-02)								
			Table							f, or Beneficia ible securities														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code	ction	5. Number	of Securities A) or of (D)	6. Date E	Exerc on Da	risable and ate	7. Title and of Underlying Securities (Instr. 3 and	ng	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned										
	Security			Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares		Following Reported Transaction(s (Instr. 4)	Direct (I or Indire) (I) (Instr. 4)	ct								
Non- Qualified Stock Option (right to buy)	\$ 37.29	05/12/2010		G	V		138,958	(1)	1	11/11/2017	Common Stock	138,958	\$ 0	297,084	D									
Non- Qualified Stock Option (right to buy)	\$ 37.29	05/12/2010		G ⁽²⁾	V	138,958		(1)	1	11/11/2017	Common Stock	138,958	\$ 0	138,958	I	by Trust								
Phantom Stock Unit (4)	\$ 1	06/30/2010		A		565		(5)		(6)	Common Stock	565	\$ 34.965	51,006.803	I	by Grantor Trust (4)								
Non- Qualified Stock Option	\$ 37.29							(1)	1	11/11/2017	Common	138,958		138,958	I	by Trus								

Reporting Owners

		Relation	ıships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
ALTMAN STEVEN R 5775 MOREHOUSE DR. SAN DIEGO, CA 92121-1714			President	

Signatures

(right to buy)

By: Noreen E. Burns, Attorney-in-Fact For: Steven R. Altman	07/0	01/2010	0																										
**Signature of Reporting Person		Date	_																										

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 10% on the six month anniversary of the date of grant and the remaining balance vests monthly thereafter. The option is fully vested five years after the date of grant.
- (2) This transaction represents the transfer of stock options from the Insider's direct ownership to Spouse's Grantor Annuity Trust.
- (3) Grantor Retained Annuity Trust (GRAT) for the benefit of insider's spouse.
- (4) The common stock issued under the terms of the Company's Executive Retirement Matching Contribution Plan, a tax conditioned plan, is exempt under Rule 16b-3. The shares are held in a grantor trust and stock is the only permissable form of distribution under the Plan.
- (5) The rights awarded under the Company's Executive Retirement Matching Contribution Plan will be eligible for distribution upon termination and vest according to the following schedule: 100% at age 65 with acceleration provisions (1) at the rate of 25% per year for each subsequent year of participation, (2) after the individual reaches age 61, or (3) if they have more than 10 years of service.
- (6) The rights awarded under the Company's Executive Retirement Matching Contribution Plan will be eligible for distribution upon termination.
- (7) Grantor Retained Annuity Trust (GRAT) for the benefit of insider.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.